



Adventure.Culture.Nature

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Lunana Snowman Trek

28Days/27Nights

25 Days Trekking **Trek Rating:** Gruelling (Very hard)

	Snowman Trek is one of the most gruelling treks in the world. It demands top physical form. Physical check up is a must for those who are interested. Those without previous trekking experiences, 3 months physical preparation prior to the trek is advised.
Day 1	Arrival by Druk Air - Paro sightseeing
Day 2	Paro -Shana
Day 3	Shana to Soithangka
Day 4	Soithangka to Jangothang
Day 5	Jangothang to Lingshi
Day 6	Lingshi to Chebisa
Day 7	Chebisa to Shomuthang
Day 8	Shomuthang to Robluthang
Day 9	Robluthang to Lemiythang
Day 10	Lemiythang to Laya
Day 11	Laya (Halt)
Day 12	Laya to Roduphu
Day 13	Roduphu to Narithang
Day 14	Narithang to Tarina
Day 15	Tarina to Woche
Day 16	Woche to Lhedi
Day 17	Lhedi to Thanza
Day 18	Thanza (Halt)
Day 19	Thanza to Tshochena
Day 20	Tshochena to Jichu Dramo
Day 21	Jichu Dramo to Chukarpo
Day 22	Chukarpo to Tampetsho
Day 23	Tampetsho to Maorothing
Day 24	Maorothing to Nikka Chu Zam
Day 25	Nikka Chu Zam to Thimphu
Day 26	Thimphu Sightseeing
Day 27	Paro Airport transfer for onward journey